

English Indoor Rowing Championship 2012

Adaptive Event Details

Date: Sunday 12th February 2012 **Venue:** Manchester Velodrome
Individual Entry Fee: Adult Adaptive £12.00; Junior Adaptive £6.00.
The events tables below are colour coded to show the price for each event.
Entries Close: Friday 20th January

Event	Race Distance	Men: Event No	Women: Event No
Open LTA	1000m	70	71
Open TA	1000m	72	73
Junior LTA	1000m	74	75
Junior TA	1000m	76	77

Entry Form

Competitor Name: _____

Competitor Address: _____

Post Code: _____ Daytime Phone number: _____

Email Address: _____ Club (if applicable): _____

Cheque Number: _____

I understand that the information contained in this form will be kept by Hollingworth Lake RC and that such information will be used to confirm my status as an adaptive athlete for the English Indoor Rowing Championship. I agree to this and the terms and conditions for the event.

Signature: _____ Date: _____

If you are under 18, this section must be completed by a parent or guardian.

Name of Parent /Guardian: _____

Address: _____

Post Code: _____

Daytime Phone number: _____

Email Address: _____

Relationship to competitor: _____

Signature: _____ Date: _____

ELIGIBILITY & CLASSIFICATION

A. LTA (Legs, trunk and arms)

The LTA class is for indoor rowers with disability but who have the use of their legs, trunk and arms and who can utilise the sliding seat. LTA indoor rowers must meet minimum disability requirements in at least one of the following three disability groups:

Intellectual/Learning Disability

Learning Disability is a label that is applied to many different types of conditions including Downs Syndrome, Autism, Asperger's Syndrome and others.

In schools, the terms SLD and MLD (for 'severe' and 'moderate' learning disability respectively) are commonly heard. In other countries terms like 'intellectual disability' or 'mental handicap' are also used.

The definition of learning disability in sport however is much more specific, and is based upon the World Health Organization (WHO) and American Association of Mental Retardation (AAMR) criteria. Briefly this states that:

"intellectual impairments include those of intelligence, memory or thought and disturbance of the cognitive functions, such as perception, attention, memory and thinking"

There are three major elements to this definition:

1. the person must have an intellectual level that is significantly below average. IQ must be below 75.
2. the person must demonstrate difficulties or be unable to "meet the standards of personal independence and social responsibility expected" – this is called adaptive behaviour.
3. learning disability should first occur between conception and 18 years of age.

The WHO definition often means that those with autism, dyslexia or behavioural problems do not qualify as athletes with learning disability, as the level of IQ is often (though not always) higher than the 75 threshold. It also means that individuals who sustain disabilities later in life, for example over the age of 18, are unlikely to qualify, as the learning disability did not occur during the developmental period.

(2) Visual Impairment

An indoor rower must have been classified by an Ophthalmologist or Optometrist in one of the B3, B2 or B1 classes. The *EIRC Classification Application Form* must be completed with supporting documentation and submitted to EIRC by the closing date for entries for the event at which the athlete wishes to compete.

(3) Physical Disability

The minimum physical disability is the loss of ten points on one limb or fifteen points across two limbs when assessed against the *Functional Classification Test* (as set out in the Classification Application Form for Physical Disabilities), or a full loss of three fingers on one hand.

Eligible LTA indoor rowers will typically have a minimum disability equivalent to one of the following:

- Amputation: At least one single foot amputation at the metatarsal tarsal joints or three fingers of one hand.
- Neurological Impairment equivalent to incomplete lesion at S1.
- Cerebral Palsy Class 8 (CP-ISRA).
- Blind: 10% of vision in best eye with best correction (from visual acuity above 2/60 up to visual acuity of 6/60 and/or a visual field of more than 5% and less than 20%)
- Intellectual impairment: ESAPLD April 2005 criteria

B. TA (Trunk and Arms)

The TA class is for indoor rowers who have trunk movement but who are unable to use the sliding seat to propel the boat because of significantly weakened function of the lower limbs.

Eligible TA indoor rowers would typically have a minimum disability equivalent to at least one of the following:

- Bilateral around knee amputation, or impaired quadriceps, or
- Neurological impairment equivalent to a complete lesion at L3 level, or an incomplete lesion at L1, or
- Combination of the above such as one leg with around knee amputation and one leg with quadriceps impairment; or
- Classification by the international sports federation for athletes with cerebral palsy (CP-ISRA) as eligible to be in CP Class 5.

CONSENT FOR EIRC ADAPTIVE ROWER CLASSIFICATION

Explanation:

For an adaptive indoor rower to be eligible to compete in the EIRC, they must be classified under the FISA Classification guidelines.

Failure to cooperate with the Classifiers or failure to complete the classification procedure will lead to ineligibility to compete in the event.

The Classification process will be conducted with all due care to limit any discomfort to individual athletes. However, failure to complete the classification process, regardless of discomfort, will result in the indoor rower not being classified and therefore not being eligible to compete in the event. The indoor rower may withdraw their consent at any time but the process will then not be undertaken and the indoor rower will not be classified and will also not be eligible to compete.

By signing this consent form the indoor rower agrees to waive his/her rights to make any claim against the Classifiers, EIRC or anyone who might then claim against the Classifiers or EIRC, for indemnification for any damages or claims of personal injury or any other claim arising from or in any way related to the classification procedure of the indoor rower. The indoor rower agrees to fully indemnify EIRC and the Classifiers should any claim be made against them in any way related to the classification of the indoor rower.

The following is an agreement by the indoor rower, and the indoor rower's parent/legal guardian where appropriate; consenting that the rower agrees to fully participate in the EIRC identified eligibility criteria and classification procedure.

By signing below the indoor rower agrees to complete the test honestly to the best of his/her ability.

I, _____ of (Club/School)

consent to be classified under the EIRC identified eligibility criteria and classification procedure for EIRC.

Signature of Indoor Rower: _____ Date: _____

For competitors under 16 years of age on the day of the classification:

I _____ Parent/legal guardian of

(name of rower)

_____ consent to them being classified under the EIRC identified eligibility criteria and classification procedure for EIRC.

Signature of Parent/ Legal Guardian: _____ Date: _____

(Note: Confirmation of guardianship status may be required).

Signature of Witness: _____ Date: _____

Witness Name: _____

Witness Address: _____

DECLARATION OF MEDICAL CONDITIONS THAT MAY REQUIRE EMERGENCY MEASURES

Name: _____ Club/School: _____

I, _____,

wish to compete in EIRC adaptive rowing events. [PLEASE PRINT FULL NAME]

I understand that EIRC requires me to state any known medical conditions that may compromise my safety. I understand that I must state the current management for my condition[s].

PERTINENT MEDICAL HISTORY

(Please print n/a if there are no associated medical conditions):

Diabetes Heart Disease Cancer Stroke Recent Fracture Asthma
Hypertension (high blood pressure) Autonomic Dysreflexia
Dehydration Seizures

Other _____

Possible Medical Complications: _____

Steps that must be taken should this arise: _____

Allergies: _____

All medication is as follows: _____

I understand that if I fail to state any known medical conditions and if this condition results in having to perform a rescue, I will automatically be deemed ineligible for the present competition. I also understand that if a condition becomes evident for the first time during competition and is diagnosed at the time, e.g. dehydration, I will still be eligible to compete as long as I observe the recommended management for the condition.

Signature of Indoor Rower: _____ Date: _____

Signature of Parent/ Legal Guardian: _____ Date: _____

Signature of Witness: _____ Date: _____

Witness Name: _____

ADAPTIVE INDOOR ROWING CLASSIFICATION APPLICATION FORM

Name: _____

Sex: M / F

Date of Birth: _____

Address: _____

School/Club: _____

Please attach the following documentation as appropriate to the application:

- SEN documentation
- Eye Sight documentation (including a report signed by a medical ophthalmologist or optometrist).
- For physically disabled athletes, a functional assessment will be carried out on a Concept 2 Indoor Rower

For Classifier's Use Only

Diagnosis+ Associated Diagnosis+ other Comments:

Visual Impairment: _____

Intellectual Disability: _____ SEN documentation: _____

Physical Disability: _____

Amputee: _____ since _____

Spinal Level Impaired _____ Complete / Incomplete since _____

Others _____

Documentation of Disability Attached

Progressive: Yes / No

Seizures: Yes / No

Asthma: Yes / No Ability to

Walk: Yes / No

Crutches/Aids: Yes / No

Wheelchair: Yes / No

Testing Place & Date: _____ Recommended Class: LTA TA

Classifier/s Comment _____

Final Classification: New

Review

Confirmed

If Review Status, provide reason _____

Signature, EIRC Classifier/s

Signature, Indoor Rower

Signature Parent/Guardian

Eligibility Details - Learning Disability

This section should be completed by the applicant, or their parent/guardian

Is the applicant in receipt of one or more of the following services by reason of his/her learning disability:

Special Education	Yes	No
Special Accommodation	Yes	No
Special Employment (eg sheltered workshop)	Yes	No
Special Protection by Guardian or respite care	Yes	No
Financial Support, eg Attendance Allowance	Yes	No

Was the onset of learning disability before age 18 years? Yes No

Does the applicant have a proven IQ of 75 or less? Yes No

Please attach evidence in support of your application for registration. This might include: A Statement of Educational Need

- Evidence of National Curriculum levels achieved at school
- Psychological reports or information
- A letter from a doctor, day centre manager or school teacher, stating that the applicants meet the criteria.

Eligibility Details – Visually Impaired Competitors

MEDICAL CERTIFICATE

To the Ophthalmologist / Optometrist

Will you please carryout an examination of the bearer of this form using the format provided. If this necessitates a field test, please provide a printout with the form.

Thank you for your help. Please ask the individual to return the completed form by e-mail to adaptive@concept2.co.uk or by post to:

Simon Goodey
 EIRC Adaptive Rowing Classifier
 London Regatta Centre
 Dockside Road
 London
 E16 2QT

To be completed by the ophthalmologist / optometrist, IN UPPER CASE PRINT please

Competitor Name: _____

Condition: _____

Prognosis (e.g. stable, variable, deteriorating, other) _____

Medication: _____ Dosage _____

Signed: _____ Date: _____

Name: _____ Qualification: _____

Contact Telephone Number _____

Part 1 - Acuity

Please circle the appropriate measurement or tick between adjacent measurements for plusses or minuses

NO CORRECTION		WITH CORRECTION	
Right Eye	Left Eye	Right Eye	Left Eye
NLP	NLP	NLP	NLP
LP	LP	LP	LP
HM	HM	HM	HM
CF	CF	CF	CF
1/60	1/60	1/60	1/60
2/60	2/60	2/60	2/60
3/60	3/60	3/60	3/60
4/60	4/60	4/60	4/60
5/60	5/60	5/60	5/60
6/60	6/60	6/60	6/60
6/36	6/36	6/36	6/36
6/24	6/24	6/24	6/24
>6/24	>6/24	>6/24	>6/24

PART 2 – Field

Please Circle the Appropriate Measurements and attach a copy of printout

NO CORRECTION		WITH CORRECTION	
Right Eye	Left Eye	Right Eye	Left Eye
0 – 5 °	0 – 5 °	0 – 5 °	0 – 5 °
5 – 10 °	5 – 10 °	5 – 10 °	5 – 10 °
10 – 15 °	10 – 15 °	10 – 15 °	10 – 15 °
15 – 20 °	15 – 20 °	15 – 20 °	15 – 20 °
20 – 25 °	20 – 25 °	20 – 25 °	20 – 25 °
25 – 30 °	25 – 30 °	25 – 30 °	25 – 30 °
30 – 35 °	30 – 35 °	30 – 35 °	30 – 35 °
35 – 40 °	35 – 40 °	35 – 40 °	35 – 40 °
40 – 45 °	40 – 45 °	40 – 45 °	40 – 45 °
45 – 50 °	45 – 50 °	45 – 50 °	45 – 50 °
>50 °	>50 °	>50 °	>50 °

Printout attached (9 Appropriate box)

Yes

No

<i>For EIRC Use Only</i>					
Without Correction	B1	B2	B3	B4	B4+
With Correction	B1	B2	B3	B4	B4+
Re-Test Date	_____				
Signature of Classifier:	_____			Date:	_____

TERMS AND CONDITIONS

General

1. Entries must be made on an official entry form – large entries should e-mail ian@thejohnfamilyonline.com for an Excel template for multiple entries. Photocopies will be accepted. No pre-event qualification is required.
2. Entries should be returned to: EIRC, 51 Featherstall Road, Littleborough, Rochdale OL15 8JJ to arrive by **Friday 20th January 2012**. Proof of posting is not proof of delivery and no responsibility will be accepted for entries lost or delayed in the post. Please **DO NOT** use registered post – it will not be picked up. Cheques should be made payable to 'Hollingworth Lake Rowing Club. Please write the Individual Name or Club Name that the payment refers to clearly on the back of any cheque(s).
3. Entries not made in accordance to the rules will not be accepted. All details specified on the entry form are required for a valid entry. To avoid any disappointment and in order to clarify any entry details please ensure you include a daytime telephone number. Incomplete or illegible entries will not be accepted.
4. Entry fees are non-refundable.
5. By entering the competition, a competitor agrees to be bound by the rules and terms & conditions.
6. All entry instructions form part of the rules.
7. The Championship Organising Committee reserves the right to limit the size of entry.
8. Concept2 Indoor Rowers will be used. Competitors may use the resistance level of their choice, but this cannot be changed during the race.
9. Minimum age for competitors, as of race day, is 10 years.
10. For all competitors age is as of race day, except the junior categories J11 to J18.
 - J11 = aged under 11 on August 31st 2011
 - J12 = aged under 12 on August 31st 2011
 - J13 = aged under 13 on August 31st 2011
 - J14 = aged under 14 on August 31st 2011
 - J15 = aged under 15 on August 31st 2011
 - J16 = aged under 16 on August 31st 2011
 - J18 = aged under 18 on August 31st 2011
11. Lightweight event weight limit: Men 75kg or less, Women 61.5kg or less.
12. Lightweight competitors will be weighed at Lightweight Weigh-In between 2 hours and 1 hour before their race. Lightweight competitors who do not make their weight will be able to race. Their time will be listed at the bottom of the race category they entered, but they will not be placed. Their time will however be included in the Concept Ranking, as a heavyweight time.
13. All category races will be straight finals, i.e. each competitor will only row once. Some categories will involve several races. The times from all the races for a single category will be ranked to give an overall listing. The organisers will try to arrange for the fastest competitors of each category to be in the last race for each category. To help this process competitors are required to submit their expected time.
14. The judges' decision is final. No correspondence will be entered into.

Individual Events

15. The race distance is 2,000m for all individual categories except J11 & J12 - 2 min; J13 - 3 min; J14 - 4 min; J15 - 5 min.
16. The first, second and third individual in each event will be awarded a Gold, Silver or Bronze EIRC medal at award ceremonies throughout the day.
17. No competitor will be allowed to change event on the day of racing. This includes lightweight competitors who do not make their weight (see point 12 above). Race confirmation, a Race Schedule and directions to the venue will be sent to all entrants after the closing date. ANY mistakes should be notified as soon as possible before race day.

Adult Team events

18. Race distance 3000m. Teams are made up of four members, either the same sex (Events 57 or 58) or mixed (Event 59) depending on the category entered – 2 other 'strappers' are allowed.

Junior Team Events

19. Race Distance 3000m. J18, J16 and J14 Teams are made up of four members of the same sex. (Events 60, 61, 62, 64, 65 and 66) – 2 other 'strappers' are allowed. J12 (Event 63) teams can be made up of teams of the same sex OR mixed, racing in one event. Each member of the first, second and third team in each event will be awarded a Gold, Silver or Bronze EIRC team medal immediately following the final heat of their race category.

Important Medical Recommendation

20. If on race day you feel unwell, have recently been suffering from a virus or are on medication, we recommend that you do not race. Indoor rowing racing requires maximal effort and the EIRC organisers take no responsibility for illness or injury caused as a consequence. If you have any doubts you should seek medical advice prior to racing.

Waiver

Entry to the EIRC confirms that you understand that participation in the event involves risks of bodily injury, including stroke, paralysis, heart attack and death, as well as loss or damage to property. Your decision to participate in the event is made by you in full recognition of these risks and is entirely voluntary. In consideration of your acceptance of the entry form, you agree that you, your executors and administrators assign to hold harmless E.I.R.C, The Indoor Rowing Championships Ltd, Manchester Velodrome, Concept 2 Inc., Concept 2 Ltd, Hollingworth Lake Rowing Club, their respective directors, officers, employees, representatives, agent successors and assigns from all liability on account of injury, loss, claim, or damage to your health, well being or property on account of your participation in the event. In addition, you hereby give permission to the event organisers and Concept 2 Inc. and their representatives, employees and agents to take photographs of you during the event and hereby release claim to such photographs